

# **TE HĀPAITANGA ALUMNAE WHAT'S AVAILABLE TO YOU IN 2026 AND BEYOND**

## **Your ongoing pathway in HP coaching and leadership.**

As a Te Hāpaitanga alumna, you remain part of a national network of women progressing within HP coaching and leadership in Aotearoa. HPSNZ's evolved WHPS approach aims to continue providing in-environment, tailored support designed to strengthen your impact, capability, and visibility in high performance sport.

Your level of engagement is totally up to you!

### **Coach consultancy support**

Te Hāpaitanga has evolved from a programme into bespoke one on one support, delivered inside your coaching environment.

What you can access:

- Real time coaching experience and shadowing
- Campaign aligned coaching opportunities
- Targeted leadership and capability development
- International or domestic HP exposure
- Technical/leadership coaching or mentoring
- Diagnostics, reflection tools, and learning systems
- Support for returning coaches or transitioning athletes

**Who is this for? TH alumnae currently coaching in a HP Development role or HP Environment or identified by their NSO as a future HP coach.**

### **WHPS Network – Your HP community**

A cross-sport community of practice supporting inclusive leadership and system learning.

As an alumna you can access:

- Networking events and cross sport learning
- Peer support, mentoring, and reflective practice
- Inclusive leadership workshops
- Opportunities for visibility, storytelling, and panels
- System influence through sharing insights and experience



## Residency experience

Residencies are now collaboratively designed by you, your NSO, and HPSNZ.

Potential opportunities include:

- Bespoke leadership or coaching roles, employed within an NSO
- Secondments or impact projects
- Multi year placements aligned to HP campaigns
- Salary support with wraparound leadership consultancy

**Ideal for alumnae with clear aspirations to progress into employment opportunities within high performance sport.**

## Professional Development funding

Aligned to your professional development plan (PDP) and context.

May support:

- Leadership or executive coaching
- Technical skill development
- International or domestic coaching exposure
- Courses or certifications (sport or non sport specific)
- Special circumstances support to enable professional development
- Mentoring or supervision

**This is to ensure you can drive and lead the professional development you need.**

## Wraparound NSO partnership support

If your NSO partners with WHPS, you may benefit from:

- Team culture and leadership diagnostics
- Collective leadership assessments
- DEI capability building across HP teams
- Succession planning for women coaches
- Improved systems for learning, reflection and cohesion

**This ensures your environment actively supports your success.**

## How to access any of these opportunities through WHPS support

### Step 1 — Talk to your NSO

Discuss opportunities, campaign needs, and your goals.

### Step 2 — Contact the WHPS team

Share your context, readiness, and aspirations.

### Step 3 — Co design a bespoke plan

Once there is alignment HPSNZ, your NSO, and you shape the opportunity together.

No application rounds — support is responsive and rolling.

**Plan to work on a timeline that matches your context and your sport.**



## SPARKED YOUR INTEREST?

Initiating any of the above is up to you! Get in touch with your NSO or contact the WHPS team.

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