

FOR MEMBERS OF THE WHPS NETWORK YOUR GUIDE TO SUPPORT, OPPORTUNITIES AND HOW TO ACCESS THEM

The Women in High Performance Sport (WHPS) Network is a national community of leaders and coaches, who are collectively strengthening inclusive leadership and culture across Aotearoa's high performance system.

As a member, you have access to an ecosystem of support, learning, and connection.

The Network will continue as a strategic lever for systematic change.

A CONNECTED COMMUNITY THAT LIFTS EACH OTHER

Cross sport peer community

Members connect with peers across Aotearoa's HP system — alumna from Te Hāpaitanga, the WHPS Residency Experience, emerging leaders, coaches, and HP directors.

You get:

- A supportive community that understands the realities of HP environments
- Peers who can help problem solve, reflect, and grow
- Access to cross sport knowledge, innovation, and diverse leadership perspectives

Ongoing leadership and coaching development

The Network provides continuous learning, regardless of whether you are in a formal WHPS initiative provided by HPSNZ.

You get:

- Workshops on inclusive leadership, strategic influence, team dynamics, and people development
- Opportunities to practice your strategic voice and influence
- HP specific capability sessions facilitated by HPSNZ specialists or consultants
- Access to tools, diagnostics, and resources to strengthen leadership or coaching in your environment.

Development is contextual, practical, and directly tied to your real world HP challenges.



Visibility, storytelling and system presence

The WHPS Network amplifies the visibility of women in HP roles and the impact they create.

You get:

- Opportunities to share your story and highlight your leadership journey
- Invitations to speak at showcases, forums, and sector learning events
- Support to strengthen your strategic voice and presence across the HP system
- Increased visibility to NSOs, sector partners, and HP leaders.

Visibility is not performance for performance's sake; it's a lever for systemic change.

Professional connections and sector influence

The Network gives members direct access to system leaders and inclusive leadership advocates.

You get:

- Invitations to sector roundtables and cross code learning groups code learning groups
- Opportunities to build relationships with HP leaders, pathway leads, and HP coaches across sports
- Access to experts and leadership consultants from HPSNZ and Sport NZ
- A role in shaping future WHPS learning, design, and system direction.

You are not just a participant — you are a contributor to WHPS evolution.

Access to learning systems and diagnostics

Network members can engage in selected WHPS learning system tools, including:

- Leadership diagnostics
- Reflections, learning loops, pulse checks
- Team or unit based learning discussions
- Exposure to HPSNZ's inclusive leadership frameworks

These tools help strengthen both individual capability and the environment where we work.

Opportunities to give back and lead

As a Network member, you have meaningful pathways to contribute to the next generation of women leaders and coaches.

You can:

- Mentor emerging coaches or leaders
- Facilitate peer learning groups learning groups
- Host network conversations or meetups
- Support visibility and system storytelling
- Contribute to NSO learning or inclusive leadership workshops
- Help shape WHPS priorities and future initiatives

Your leadership matters as we all create systemic shifts when we choose to contribute and give back.

Access to WHPS Support for your HP environment

If opportunities arise in your NSO, WHPS may work with you and your HP leaders to co design support that strengthens your role and environment.

You get access to:

- In environment leadership support environment leadership support
- Feedback and observation loops
- Inclusive leadership conversations for your team
- Succession planning discussions within your NSO

A lifelong network that moves with you

Regardless of:

- the sport you're in
- the role you move to
- whether you are currently in an HP job or between roles ...you remain part of the WHPS Network.

You always have access to:

- Connection
- Development
- Collaboration
- HP presence
- Learning
- Sector opportunities

Membership doesn't expire; influence only grows.

QUESTIONS?

Contact Women in HP Sport Lead.

Women in HP Sport Lead

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