

WOMEN IN HIGH PERFORMANCE SPORT TE HĀPAITANGA INITIATIVE

APPLICATION FORM



This Application Form should be completed after reading the Te Hāpaitanga Guidelines and Selection Process document and following a discussion with your NSO (National Sporting Organisation).

Contact Details	
Name	
Phone	
Email	
Address	

Position	
Sport	
Current Region	
Current Coaching Position eg Head Coach, Personal Coach etc	
Employment Status in this position eg FT employed, PT employed, Contract, Volunteer	
Date started in this position	
Line Manager within NSO	
Other Employment (i.e. not in coaching)	

When, where and why did you begin to coach? – describe this transition in detail.

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What are your values, principles and vision underpinning your practice as a performance coach?

- Describe your coaching philosophy.*
- What are the core principles and values that guide you in your coaching?*
- How do you establish a performance culture?*

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What are your goals/aspirations for coaching in high performance in your sport?

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Can you outline how you think you will progress as a coach over the next decade?

- a) *Professionally – what will your ideal career progression look like?*
- b) *Artistically and Technically – what bits of the craft will you be better at and in what ways?*

Why are you applying for Te Hāpaitanga?

Describe how Te Hāpaitanga will assist you in your current coaching role/s and in reaching your coaching goals/aspirations. Why is this the right move for you now?

In what ways do you reflect on your coaching and capture your learning?

Describe a time you received feedback on your coaching and used it to help generate a more powerful performance.

Describe a situation when you have created and achieved buy-in to a vision or change you wanted to make.

Describe the change you initiated: what resistances you encountered and what strategies you used to address them.

Coaching History

Reference your most recent and/or relevant experience and include key dates, positions held, team and/or athletes, coaches and achievements/milestones achieved.

Describe your current coaching role/s

Include who you currently coach on the performance and HP pathway in your sport and whether they are TAPs athletes, national age group, international, individual or team; and how you would define your role in terms of paid (full time, part time or contractor) or unpaid.

If relevant, what is the highest level you reached as an athlete? In which sport?

Please identify other relevant experience/qualifications

Include any experience gained overseas. Please also attach a current CV to provide additional details.

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Outline how you propose to use the \$15,000 Te Hāpaitanga Scholarship to maximise opportunities to develop further as a coach.

This initial high level proposal needs to be linked to your career aspirations and consistent with the intent of the scholarship and the eligible expenditure.

Video Questions

Upon completion of this application form you will be required to complete a video of up to 6 mins in length, responding to the following questions.

- a. *Tell a story where you felt you were in the role of a leader or coach. How did you know you were leading/coaching? Describe the event in detail, including the impact you had on colleagues, management, athletes and/or your team.*
- b. *Tell a story of being challenged. How did you deal with the situation and what did you learn from the experience?*

Upload your video to an online platform of your choice e.g. You Tube, Vimeo, drop box etc.

Please share the link below so we can view your video.

FYI MP4 format is preferred.

Availability for Interview

The interview process for short-listed coaches will include a joint interview with the coach and their NSO Sponsor. Please discuss and identify a preferred date for the interview with your sponsor.

Declaration

I _____ declare that the information contained in this document is true and accurate to the best of my knowledge.

Signature _____

Date _____

Email Te Hāpaitanga application form to: WHPSCOACHING@HPSNZ.ORG.NZ